

Walker at Westwood Ridge Dinner Menu for JANUARY



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Happy New Year Raddix Room Closed	2 Chicken A La King Broccoli Jell-O Poke Cake	3 Beef Burgundy over Noodles Beets Cherry Pie	4 Roast Pork Apple Walnut Dressing Corn Lemon Cake	5 Oven Roasted Turkey Mashed Potatoes Carrots Brownie	6 Chicken Stir Fry over Rice Chocolate Sundae	7 Spaghetti with Meat Sauce Asparagus Coconut Cream Pie
8 Beer Battered Cod Roasted Reds Cauliflower 7-Layer Bars	9 Chicken Breast with Gravy Rice Pilaf Peas Chocolate Pudding	10 Baked Ham Au Gratin Potatoes Beans Strawberry Ice Cream	11 Pajama Party Breakfast for Dinner	12 Broiled Cod Filet Oven Browns Green Beans Bread Pudding	13 Roast Beef Mashed Potatoes and Gravy Mixed Vegetables Jell-O with Fruit	14 Swedish Meatballs over Egg Noodles Creamed Spinach Strawberry Rhubarb Pie
15 Oven Fried Chicken Baked Sweet Potatoes Corn on the Cob Apple Crisp	16 Lasagna Zucchini Bread Stick Tapioca Pudding	17 Roasted Almond and Cranberry Chicken Salad Fresh Fruit Chocolate Cream Pie	18 Waffles with Fruit Compote and Whipped Cream Sausage Patty Fruit	19 Lemon Chicken Breast Rice Broccoli Cheesecake	20 Taco Salad Lemon Meringue Pie	21 Roast Pork Red Potatoes Sauerkraut Apple Pie
22 Turkey Stew Over Mashed Potatoes Wax Beans Ice Cream	23 Kielbasa Macaroni and Cheese Beets Pecan Pie	24 Asian Sesame Salmon Rice Pilaf Green Beans Chocolate Sundae	25 Chicken Kiev Baked Potato Corn Brownie	26 BBQ Ribs Jo Jo Potatoes Coleslaw Pudding Parfait	27 Beef Stew Biscuit Carrot Cake	28 Chicken Alfredo Carrots Blueberry Pie
29 Chow Mein White Rice Egg Roll German Chocolate Cake	30 Meatloaf Mashed Potatoes Peas Banana Cream Pie	31 Sweet and Sour Pork Over Rice Fruited Jell-O			Alternates Honey Mustard Chick- en Breast Baked Pork Chop	<u>Healthy Alternates</u> Baked Lemon Pepper Salmon Filet Spinach & Bacon Salad with Croutons and Vinaigrette