


Walker at Hazel Ridge Activities for February 2012



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 9:15 Exercise RR 10:00 Bible Study RR 10:00 Bus to Kowalskis 1:00 Schwans Delivers 1:30 Wii Bowling League RR	2 9:00 Van Around 10:00 Van to Rainbow 1:30 Strength Training RR 6:30 Game Night RR	3 10:15 Gentle Yoga RR 2:00 <u>"Traveling Down the Mississippi" with photographer Doug Ohman</u>	4 9:30 Coffee & Rolls RR 1:00 Bingo RR 3:30 Bus to St. Peters 6:30 Game Night RR
	5 1:00 Dinner 5:00 Lunch	6 9:00 Van Around 9:30 Exercise RR 11:30 Lunch at Jimmys 1:30 Arthritis Exercise RR	7 8:30 Wellness Clinic 9:30 Strength & Stretch RR 10:00 Craft Group RR 1:00 <u>Devotions with GA</u> Apt. 111 2:00 <u>Book Club discussing "Spirit Car"</u> 3rd 6:30 Game Night RR	8 9:15 Exercise RR 10:00 Bible Study 1:30 Wii Bowling League RR	9 9:00 Van Around 10:00 Van to Festival 1:30 Strength Training RR 5:00 <u>Birthday Dinner</u> 6:30 Game Night RR	10 10:15 Gentle Yoga RR 2:00 <u>Birthday Party with entertainer Phil Kitzie</u> RR
12 1:00 Dinner 5:00 Lunch 6:30 <u>Game Night with North High NHS</u>	13 9:00 Van Around 9:30 Exercise RR 11:30 Lunch at Lake Elmo Inn 1:30 Arthritis Exercises 2:30 <u>Coffee & Conversation</u> RR	14 9:30 Strength & Stretch RR 10:00 Craft Group RR 1:30 Wellness Clinic 2:00 Comm. Service RR 5:00 <u>Valentines Dinner</u> 6:30 Game Night RR	15 9:15 Exercise RR 10:00 Bible Study RR 10:00 Bus to Kowalskis 1:00 Schwans Delivers 1:30 Wii Bowling League RR	16 9:00 Van Around 10:00 Van to Rainbow 1:30 Strength Training RR 2:00 Banking Help 3rd 6:30 Game Night RR	17 10:15 Gentle Yoga RR 12:00 <u>Friendship Lunch followed by Fashions through the Decades</u> RR	18 9:30 Coffee & Rolls RR 1:00 Bingo RR 3:30 Bus to St. Peters 6:30 Game Night RR
19 1:00 Dinner 5:00 Lunch	20 9:00 Van Around 9:30 Exercise RR 11:30 Lunch at House of Wong 1:30 Arthritis Exercise RR 2:30 <u>Line Dancing</u> RR	21 8:30 Wellness Clinic 9:30 Strength & Stretch RR 10:00 Craft Group RR 2:00 <u>Documentary: "Inside the White House"</u> RR 6:30 Game Night RR	22 9:15 Exercise RR 10:00 Bible Study RR 1:30 Catholic Comm. 3rd 1:30 Wii Bowling League RR	23 9:00 Van Around 10:00 Van to Festival 1:30 Strength Training RR 7:00 <u>Music with Bruce Bell</u> RR	24 10:15 Gentle Yoga RR 2:00 <u>Sing Along with accordion player Mary Livingston</u> RR	25 9:30 Coffee & Rolls RR 1:00 Bingo RR 3:30 Bus to St. Peters 6:30 Game Night RR
26 1:00 Dinner 5:00 Lunch	27 9:00 Van Around 9:30 Exercise RR 11:30 Lunch at Josephs 2:00 <u>Resident Meeting</u> RR	28 8:30 Wellness Clinic 9:30 Strength & Stretch RR 10:00 Craft Group RR 2:00 Worship Service RR 6:30 Game Night RR	29 9:15 Exercise RR 10:00 Bible Study RR 10:00 Bus to Kowalskis 1:00 Schwans Delivers 1:30 Wii Bowling RR			