

Walker at Hazel Ridge Activities for July 2010



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 9:00 Van Around 9:00 Strength & Stretch RR 12:45 Van to Festival 1:30 Van to Rainbow 6:30 Game Night RR	2 9:30 Exercise RR 2:00 <u>Afternoon Movie,</u> <u>"Second Chances"</u> RR	3 9:30 Coffee & Rolls RR 1:00 Bingo RR 3:30 Bus to St. Peters 6:30 Game Night RR
	4 <u>1:00 4th of July Picnic</u> <u>Lunch</u>	5 <u>Office Closed</u>	6 8:30 WellnessClinic 9:30 Strength & Stretch RR 11:00 News Topics 3rd 1:30 Devotions with GA 2:00 <u>Book Club, discussing</u> <u>"Cold Sassy Tree"</u> 3rd 6:30 Game Night RR	7 9:30 Exercise RR 10:00 Bus to Kowalksis 10:30 Next to New Sale Drop Off RR 1:30 Wii Bowling League RR	8 9:00 Strength & Stretch RR 2:00 Schwans Delivers 6:30 Game Night RR	9 9:30 Exercise RR 10:15 "Beat It" RR 2:00 <u>Drinks on the Deck!</u>
11 1:00 Dinner	12 9:30 Exercise RR 10:15 Comm. Service RR 1:30 Arthritis Exercise RR 2:30 <u>Vacation Travels</u> 3rd	13 8:30 Wellness Clinic 9:30 Strength & Stretch RR 11:00 News Topics 3rd 2:00 <u>Social Hour with</u> <u>1st Free Church</u> RR 6:30 Game Night RR	14 9:30 Exercise RR 10:30 Next to New Sale Drop Off RR 1:30 Wii Bowling League RR	15 9:00 Strength & Stretch RR 2:00 Banking Help 6:30 Game Night RR	16 9:30 Exercise RR 10:15 "Beat It" RR 12:00 <u>Back to the '50's</u> <u>Lunch</u> RR 2:00 <u>Birthday Party with</u> <u>accordian player</u> RR <u>Steve Weinger</u>	17 9:30 Coffee & Rolls RR 1:00 Bingo RR 3:30 Bus to St. Peters 6:30 Game Night RR
18 1:00 Dinner	19 9:30 Exercise RR 1:30 Arthritis Exercise RR 3:00 Choir Practice RR	20 No wellness clinic today 9:30 Strength & Stretch RR 11:00 News Topics 3rd 2:00 <u>"Swedish Holiday</u> <u>Traditions"</u> RR 5:00 <u>Birthday Dinner</u> RR 6:30 Game Night RR	21 9:30 Exercise RR 10:00 Bus to Kowalksis 10:30 Next to New Sale Drop Off RR 1:30 Wii Bowling League RR	22 9:00 Strength & Stretch RR 2:00 Schwans Delivers 7:00 <u>Music with</u> <u>Don Irwin</u> RR	23 9:30 Exercise RR 10:15 "Beat It" RR 2:00 <u>Music and Sing along</u> <u>with Jim Walsh</u> RR	24 9:30 Coffee & Rolls RR 1:00 Bingo RR 3:30 Bus to St. Peters 6:30 Game Night RR
25 1:00 Dinner	26 9:30 Exercise RR 10:15 Worship Service RR 1:30 Arthritis Exercise RR 3:00 Choir Practice RR	27 8:30 Wellness Clinic 9:30 Strength & Stretch RR 11:00 News Topics 3rd 12:00 <u>"Take Me Out to the</u> <u>Ballpark Lunch"</u> 2:00 <u>Yoga</u> RR 6:30 Game Night RR	28 9:30 Exercise 10:30 Next to New Sale Drop Off RR 1:30 Catholic Comm. 3rd 1:30 Wii Bowling League RR	29 9:00 Strength & Stretch RR 6:30 Game Night RR	30 9:30 Exercise RR 10:15 "Beat It" RR 2:00 <u>Ridgetones Summer</u> <u>Concert</u> RR	31 9:30 Coffee & Rolls RR 1:00 Bingo RR 3:30 Bus to St. Peters 6:30 Game Night RR