



# Walker Place Happenings Calendar March 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><i>Celebrate Israel!</i></p> 	<p><b>1</b> 9:00 Exercise: AR 11:00 Stretch &amp; Smile: AR 11:00 Lib Commit Mtg: LIB 1:00 Southdale Shopping 1-1:30 Group FIT/Better Balance FIT Club 6:30 Games and Cards: AR</p>	<p><b>2</b> 8-8:30 FUNCTIONAL Fitness: FIT Club 9:00 Exercise: AR 1:00 Yoga: GER 2-2:30 Bld Press Clinic: PDR 4-4:30 FUNCTIONAL Fitness: FIT Club</p>	<p><b>3</b> 8:30 Exercise: AR 9:00 Coffee Hour: MDR 11:00 Stretch &amp; Smile: AR 1:30 Singspiration: CH 2:00 Lenten Services: CH 3:30 Schwan's: Lobby</p>	<p><b>4</b> 8:30 &amp; 9:00 Rainbow/Lunds 9:00 Exercise: AR 12-1:30 Group FIT: Galleria Walk 2:00 All Res Bday Party: MDR 6:30 Bridge &amp; Games: AR</p>	<p><b>5</b> 9:00 Exercise: AR 11:00 Stretch &amp; Smile: AR 11:30 MacPhail 11:30 Better Balance: FIT Club 3:00 Speaker/Red Cross: AR 7:00 Film Classics: AR</p>	<p><b>6</b> 2:00 Bingo: AR 7:00 Movie: AR</p>
<p><b>7</b> 10:15 Worship: CH 2:00 Gilbert &amp; Sullivan Opera "The Sorcerer"/Mpls 7:00 Movie: AR</p>	<p><b>8</b> 9:00 Exercise: AR 11:00 Stretch &amp; Smile: AR 1:00 Southdale Shopping 1-1:30 Group FIT/Better Balance FIT Club 6:30 Games and Cards: AR</p>	<p><b>9</b> 8-8:30 FUNCTIONAL Fitness:FIT Club 9:00 Exercise: AR 10:00 2nd Fl. Coffee w/ Chris: AR 11:00 Bible Study: AR 1:00 Yoga: GER 2-2:30 Bld Press. Clinic: PDR 3:30 Lyndon Griffin Irish Tunes: CH 4-4:30 FUNCTIONAL Fitness: FIT Club 7:00 Strommen Slide Show: AR</p>	<p><b>10</b> 8:30 Exercise: AR 9:00 Coffee Hour: MDR 10:00 Res. Council Mtg: PDR 11:00 Stretch &amp; Smile: AR 1:30 Singspiration: CH 2:00 Lenten Services: CH 3:00 Movie on Israel: AR</p>	<p><b>11</b> 8:30 &amp; 9:00 Rainbow/Lunds 9:00 Exercise: AR 12-1:30 Group F.I.T.: Galleria Walk 2:00 Armenian Dancers: CH 3:00 Tai Chi: GER 6:30 Bridge &amp; Games: AR</p>	<p><b>12</b> 9:00 Exercise: AR 11:00 Stretch &amp; Smile: AR 11:30 MN Science Museum &amp; Lunch 11:30 Better Balance: FIT Club 7:00 Film Classics: AR</p>	<p><b>13</b> 2:00 Bingo: AR 7:00 Movie: AR</p>
<p><b>14 DAYLIGHT SAVINGS TIME BEGINS</b> 10:15 Worship: CH 7:00 Movie: AR</p>	<p><b>15</b> 9:00 Exercise: AR 11:00 Stretch &amp; Smile: AR 1:00 Southdale Shopping 1-1:30 Group FIT/ Better Balance FIT Club 6:30 Games and Cards: AR</p>	<p><b>16</b> 8-8:30 FUNCTIONAL Fitness:FIT Club 9:00 Exercise: AR 10:00 3rd Fl. Coffee w/Chris: AR 1:00 Yoga: GER 2-2:30 Bld. Press. Clinic: PDR 4-4:30 FUNCTIONAL Fitness: FIT Club</p>	<p><b>17 ST. PATRICK'S DAY</b>              8:30 Exercise: AR 9:00 Coffee Hour: MDR 11:00 Stretch &amp; Smile: AR 1:30 Singspiration: CH 2:00 Lenten Services: CH 3:30 Schwan's: Lobby</p>	<p><b>18</b> 9:00 Exercise: AR 11:00 Coffee Concert/Orch Hall 12-1:30 Group F.I.T.: Galleria Walk 2:00 Speaker/Res Dietician: AR 3:00 Tai Chi: GER 6:30 Bridge &amp; Games: AR</p>	<p><b>19</b> 8:30 &amp; 9:00 Rainbow/Lunds 9:00 Exercise: AR 11:00 Stretch &amp; Smile: AR 11:30 Little Tel-Aviv/Lunch 11:30 Better Balance: FIT Club 1:30 Singer/Pianist Lynn Brownell: LL ATR 3:00 Book Club: AR 7:00 Film Classics: AR <b>*THEME DINNER *</b></p>	<p><b>20</b> 2:00 Bingo: AR 3:00 Mpls Commodores/ Bethel University 7:00 Movie: AR</p>
<p><b>21</b> 10:15 Worship: CH 11:00-1:30 Brunch: MDR 7:00 Movie: AR</p>	<p><b>22</b> 8:30-5:00 Lifeline Screening: AR 1-1:30 Group FIT/Better Balance FIT Club 1:00 Southdale Shopping 6:30 Games and Cards: AR</p>	<p><b>23</b> 8-8:30 FUNCTIONAL Fitness:FIT Club 9:00 Exercise: AR 10:00 4th Fl. Coffee w/Chris: AR 11:00 Bible Study: AR 1:00 Yoga: GER 2-2:30 Bld. Press. Clinic: PDR 4-4:30 FUNCTIONAL Fitness: FIT Club</p>	<p><b>24</b> 8:30 Exercise: AR 9:00 Coffee Hour: MDR 11:00 Stretch &amp; Smile: AR 1:30 Singspiration: CH 2:00 Lenten Services: CH 3:00 Speaker/Israel: AR 2:30 Parkinson's Support Grp: WMHC MDR</p>	<p><b>25 INTERNATIONAL WAFFLE DAY</b> 8:30 &amp; 9:00 Rainbow/Lunds 9-10:30 Waffle Breakfast: MDR 9:00 Exercise: AR 12-1:30 Group FIT: Galleria Walk 2:00 Choralaires: CH 3:00 Tai Chi: GER 6:30 Bridge &amp; Games: AR</p>	<p><b>26</b> 9:00 Exercise: AR 10:00 Roman Catholic Lit: CH 10:00 All Res Assoc Mtg: AR 11:00 Stretch &amp; Smile: AR 11:30 Better Balance: FIT Club 2-3:30 Happy Hour: MDR 7:00 Film Classics: AR</p>	<p><b>27</b> 2:00 Bingo: AR 7:00 Movie: AR</p>
<p><b>28</b> 10:15 Worship: CH 7:00 Movie: AR</p>	<p><b>29 PASSOVER BEGINS AT SUNDOWN</b> 9:00 Exercise: AR 11:00 Stretch &amp; Smile: AR 1-1:30 Group FIT/Better Balance FIT Club 1:00 Southdale Shopping 6:30 Games and Cards: AR</p>	<p><b>30</b> 8-8:30 FUNCTIONAL Fitness:FIT Club 9:00 Exercise: AR 10:00 5th Fl. Coffee w/ Chris: AR 1:00 Yoga: GER 2-2:30 Bld. Press. Clinic: PDR 3:00 Men's Club with Chris: PDR 4-4:30 FUNCTIONAL Fitness: FIT Club</p>	<p><b>31</b> 8:30 Exercise: AR 9:00 Coffee Hour: MDR 11:00 Stretch &amp; Smile: AR 1:30 Singspiration: CH 2:00 Lenten Serives 3:00 Trivia: AR</p>		<p><b>KEY:</b> AR - Activity Room CH - Chapel MDR - Main Dining Room PDR - Private Dining Room LL ATR - Lower Level Atrium GER—Group Exercise Room</p>	<p><b>NOTE:</b> For further details on outings and events, please see the Happenings and Sign-up Sheets.</p>