

Walker at Westwood Ridge Dinner Menu for FEBRUARY



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Roast Pork Dressing Corn Lemon Cake	2 Baked Turkey Mashed Potatoes Carrots Brownie	3 Stir Fry over Rice Chocolate Sundae	4 Spaghetti with Meat Sauce Asparagus Coconut Cream Pie
5 Baked Ham Au Gratin Potatoes Baked Beans 7-Layer Bar	6 Chicken Breast with Gravy Apple Walnut Dressing Peas Pudding	7 Breakfast for Dinner Egg Bake Ham Orange Muffin Fruit	8 Turkey Loaf Baked Potatoes Broccoli Chocolate Cream Pie	9 Roast Beef Mashed Potatoes Mixed Vegetables Jell-O with Fruit	10 Asian Sesame Salmon Rice Pilaf Carrots Bread Pudding	11 Beef Stroganoff over Egg Noodles Beets Strawberry Rhubarb Pie
12 Oven Fried Chicken American Fries Corn on the Cob Apple Crisp	13 Lasagna Sautéed Zucchini Bread Stick Sherbet	14 Cornish Game Hen Baked Potato Fresh Green Beans Ice Cream and Cake	15 BBQ Chicken Tenders Mashed Potatoes Corn Tapioca Pudding	16 Swedish Meatballs Egg Noodles Brussels Sprouts Lemon Bar	17 Lemon Chicken Parsley Potatoes Broccoli Cheesecake	18 Chicken Alfredo over Pasta Buttered Carrots Blueberry Pie
19 Pot Roast Fingerling Potatoes Cauliflower Boston Cream Pie	20 Smoked Turkey Roasted Almond & Dried Cherry Pasta Salad Fresh Fruit	21 Margarita Wine and Dine Chicken Chimichanga Banana Cream Pie	22 Almond Crusted Sole Garlic Mashed Potatoes Peas Rainbow Sherbet	23 Pork Loin Roasted Reds Sauerkraut Pumpkin Pie	24 Turkey A La King Asparagus Jell-O Poke Cake	25 Hot Roast Beef & Swiss on a Bun Roasted Potatoes Vegetable Medley Butter Brickle Ice Cream
26 Chicken Kiev Baked Potato Mixed Vegetables Lemon Meringue Pie	27 Pork Chow Mein White Rice Egg Roll Chocolate Cake	28 Beef Stew Over Biscuit Cherry Pie	29 BBQ Ribs JoJo Potatoes Coleslaw Carrot Cake		<u>ALTERNATE</u> BBQ Chicken Breast Lasagna	<u>HEALTHY</u> <u>ALTERNATE</u> Baked Buttered Cod Chicken Caesar