

Always Available

TCU Menu



Beverages

Coffee: Regular or Decaf
Tea (Hot or Cold): Black Tea or Decaf
Hot Cocoa: Regular or Sugar Free
Milk: Whole, 1%, Skim, Lactaid, Soy
Juices: Apple, Orange, Cranberry, Prune, V8

Entrée Salads

Cottage Cheese Fruit Plate Seasonal fresh fruit served with a generous portion of cottage cheese and a fruited muffin.
Asian Chicken Salad Garden greens topped with sliced chicken breast, pea pods, mandarin oranges, almonds, and Asian noodles. Sesame dressing is served on the side.
Chef's Salad Iceberg lettuce topped with julienned ham, turkey, Cheddar cheese, eggs and tomatoes. Your choice of dressing is served on the side.
Garden Salad Mixed Greens with tomatoes and seasonal vegetables. Your choice of dressing is served on the side.

Dressings

Ranch, Light Ranch, Thousand island, French, Light French, Caesar, Asian Sesame, Blue cheese, Italian

Desserts

Fresh Fruit Cup
Ice Cream (chocolate, vanilla, or strawberry)
Pudding (chocolate, vanilla, or butterscotch)
Gelatin (regular and diet)
Assorted Cookie

Soup Selections

Soup of the Day
Chicken Noodle Soup
Low Sodium Chicken Noodle Soup
Tomato Soup

Sandwich Board

Build Your Own Sandwich. Select from the following Options.

Bread

White or Wheat

Protein

Turkey, Ham, Tuna Salad, Egg Salad, Peanut Butter

Cheese

American, Cheddar, Swiss

Veggies

Lettuce, Tomatoes, Pickles, Onions

Condiments

Mayo & Mustard

From The Grill

Hamburger 1/3 pound burger served with or without a bun and topped with your favorite toppings.

Chicken Breast Sandwich A boneless, skinless, seasoned chicken breast served with or without a bun

Side Dishes

Yogurt
Fruit Cup
Potato Chips
Mashed Potatoes with Gravy



Great Food. Made Well.